



## **COLIN BEDFORD NAMED EXECUTIVE CHEF AT THE FERRINGTON HOUSE RESTAURANT**

**Pittsboro, NC, February 2, 2009** – The Ferrington House Restaurant is pleased to announce its new Executive Chef, Colin Bedford. Colin began his culinary career at The Castle Hotel in Taunton, UK, then moved to North America, first to Ontario at the Prince of Wales Hotel and then to North Carolina as Executive Sous Chef of The Ferrington House. As Executive Chef, he continues the tradition of melding local, seasonal foods with innovative culinary techniques, making a visit to The Ferrington House an extraordinary experience.

Colin grew up in Southwest England. After graduating from Yeovil College in Somerset with a Diploma in Hospitality, he moved to Taunton in 1996. He started as an apprentice at The Castle Hotel, one of Europe's leading family-run hotels and one of England's finest culinary destinations. In 2000, Colin relocated to Canada and began working at The Prince Of Wales Hotel, a Four-Diamond CAA/AAA restaurant offering a la carte dining and conference/catering facilities in Niagara-on-The-Lake, Ontario. He was soon promoted to the position of Junior Sous Chef, where he gained exposure to Farm to Table cuisine and realized that "simplicity is key to maximizing flavors."

In 2005, Colin was recruited to The Ferrington House Restaurant as Executive Sous Chef by then Executive Chef Graham Fox, with whom he had worked at The Castle Hotel. Colin continues to maintain and develop partnerships with local farmers, in the process showcasing some of the region's finest produce and meats in his menu.

"Over the past 25 years, Ferrington House has had over five Executive Chefs. I am particularly excited about Colin; he and his staff will bring a new level of sophisticated regional cuisine to the Triangle," said owner R.B. Fitch.



## About The Fearrington House Restaurant

The Fearrington House Restaurant is a member of Relais & Chateaux, an association of the finest restaurants and hotels in the world, and is the only Green Certified™ AAA Five Diamond restaurant in the country. The farmhouse restaurant, recognized for its sophisticated contemporary American cuisine, provides guests an exceptional dining experience. Opened in 1980 and surrounded by extensive gardens, The Fearrington House Restaurant is located 8 miles south of Chapel Hill, NC.

The Fearrington House  
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Pittsboro, NC 27312

[www.fearrington.com](http://www.fearrington.com)

### For immediate release

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